

i-STOP

THE INSTITUTE FOR THE STUDY AND TREATMENT OF PAIN

Press Release: ISTOP announces completion of a new teaching clinic

Dr. C. Chan Gunn and the Board of Directors of the Institute for the Study and Treatment of Pain, a non-profit charitable organization, are pleased to announce the completion of a research and teaching clinic facility in Vancouver. (September 1996).

With the approval and support of the B.C. College of Physicians and Surgeons and the University of B.C. the Institute will pursue research and treatment of soft tissue pain (such as headache, backache, fibromyalgia, whiplash, repetitive strain injury and some forms of early arthritis) which results from irritation and dysfunction of the peripheral nervous system.

The Institute will operate under the medical direction Dr. C. Chan Gunn who is recognized as a leading authority in the field of musculoskeletal medicine. Dr. Gunn pioneered the development of the medical-acupuncture treatment known as Intramuscular Stimulation (IMS) while serving as a Clinic Physician at Worker's Compensation Board of British Columbia from 1967-80. "Chronic pain relief is usually simple", Gunn says, "provided the underlying cause of the pain is recognized and diagnosed at the onset". "Treatment commonly fails", he adds, "because medical diagnosis traditionally presumes that pain is a signal of tissue injury conveyed to the central nervous system. But that is rarely the case in chronic pain when there is no ongoing painful input or inflammation. Pain then is generally caused by abnormal function in the nervous system, which leads to supersensitivity in the pain sensory system."

Dr. Gunn has published some 30 papers and articles in professional journals. In addition to his role as President of ISTOP, he also serves as Clinical Professor at the Multidisciplinary Pain Centre, University of Washington School of Medicine. His work has been featured in the Globe and Mail, as well as CBC TV's Health Show and Market Place.