Today, the sports medicine field is in a state of expansion, with increased emphasis on research and development in the field. The building of new facilities and the growth of the profession have led to a greater understanding of the role of sports medicine professionals. This growth has been driven by advancements in research and technology, which have provided new insights into the prevention and treatment of athletic injuries. In 1993, the National Academy of Sciences conducted a comprehensive study on sports medicine, highlighting the importance of research and education in the field. This report, titled 'Sports Medicine: A New Home for a Pioneering Physician,' emphasized the need for continued investment in sports medicine research and education.