Importance of Research

Research studies are necessary to make the benefits and effectiveness of IMS more widely known, to further refine the technique for new applications, and to continue advancing knowledge of neuropathic pain management.

How to Apply

Applications are invited from qualified practitioners/scientists in Canada. The process is competitive and successful applications will have a high degree of scientific rigor. Funds awarded are to be used solely for research. The maximum award is $50,000 and the term of the award is two years. Yearly reports and financial statements are mandatory. These funds shall not be used for indirect costs of research [eg. overhead, equipment, computers, etc.].

For those with a UBC appointment, the Office of Research Services website [http://www.ors.ubc.ca/home] outlines the step-by-step process for submitting your grant proposal to UBC and how your funding is managed.

All applications will be peer reviewed. Submissions are evaluated and given a priority score, which will be used to recommend funding by The Scientific Review Committee within the Division of Sports Medicine. Successful grants will be administered through Research and Trust Accounting at UBC. All studies are to be reviewed by a Clinical Ethics Board and funds are released when the Ethical Certificate is granted.

There are two grant competitions per year, one in the Spring and one in the Fall. If you would like to apply for a grant, please see the General Instructions document and the Application Form.

**Competition Dates**

<table>
<thead>
<tr>
<th></th>
<th>Call for Applications</th>
<th>Submission Deadline</th>
<th>Funding Decision</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>September 06</td>
<td>October 31</td>
<td>November 29</td>
</tr>
<tr>
<td>2014</td>
<td>March 03</td>
<td>April 28</td>
<td>May 30</td>
</tr>
<tr>
<td></td>
<td>September 5</td>
<td>October 30</td>
<td>November 28</td>
</tr>
</tbody>
</table>
Current Operating Grants

Scott, A./Solomons, L.
Title: Intramuscular Stimulation and eccentric exercise vs eccentric exercise plus sham needling or eccentric exercise alone for the treatment of chronic midportion Achilles tendinopathy: A randomized controlled clinical trial pilot study.

Lau, B.
Title: A pilot case cohort study analysing the effectiveness of 3 needling techniques: Intramuscular stimulation, neural prolotherapy, and myofascial release in the treatment of chronic whiplash associated disorder.

McKenzie, D.
Title: Muscle oxygenation and blood flow changes with intramuscular stimulation.
GENERAL INSTRUCTIONS

Part I
- Fill out the Grant Application Form

Part II
- Submit a proposal, maximum of 10 pages, exclusive of references but including a
detailed, justified budget. Please do not submit more than 10 pages. The review
committee will only read 10 pages.
- Ensure the header contains the principal investigator’s name and the footer contains
page numbers. A 12 point font must be used.
- Please attach a current CV of the principal investigator

Ethics certificate

A Clinical Research Ethics Board (CREB) must review all research projects. Investigators
that do not have academic appointments will need to partner with an individual in order
to have their research reviewed by CREB. Applications without valid Ethics Certificates
will be reviewed, but no funding will be released until Ethics approval has been received.

Deadline
- All applications must be received by 5:00 pm on the deadline date.
- Late applications will not be reviewed.

Notification
- Successful applicants will be notified vial email by the date indicated on the website.

Please submit a completed e-version with all attachments to: diana.jespersen@ubc.ca
Alternatively, submit 4 copies [the original plus 3 photocopies] of the application to:
Diana K. Jespersen
IMS Research Coordinator
Allan McGavin Sports Medicine Centre
3055 Wesbrook Mall
Vancouver, BC V6T 1Z3
Grant Application - Part I

Principal Investigator's Name: Surname, Given name(s)
Mailing Address:
Email Address:
Telephone:  
Fax:  
Project Period - From: Day/Month/Year  
To: Day/Month/Year
Title of Project:
Abstract of Proposal:
Approx. 300 word limit

Signature:  
Date:  

Principal Investigator