

## 2021 Annual UBC Chan Gunn Lecture

Thursday October 21, 2020; 6:00 - 7:00 PM (PT) https://www.gunnims.com/warner.html

## The World's Greatest Athlete and Gunn IMS

Speakers: Damian Warner, Dave Zelibka, Cory Choma

Damian Warner is a Canadian track and field athlete specializing in the decathlon. He holds the Olympic record, three decathlon world records (100m, long jump, 110m hurdles) and has the fourth highest decathlon score in history. He is the 2020 Olympic champion and a three-time IAAF World Championship medallist. Damian also won bronze at the 2016 Summer Olympics, was the 2014 Commonwealth Champion and is the two-time and reigning Pan American Champion.



Dave Zelibka is a London Ontario physiotherapist. He has worked with elite track and field athletes for 12 years and has travelled to the past three Olympic Games. He has been Damian Warner's primary medical provider for the past 9 years accompanying him at all of his training camps and international competitions. Dave has instructed hundreds of physiotherapists and medical doctors how to safely and effectively use dry needling through the UBC Gunn IMS Certification Program.



Cory Choma has been practising Gunn IMS since 1998 in Edmonton (Alberta, Canada). His practice includes chronic muscular athletic injuries and the treatment of persistent neuropathic conditions using Intramuscular Stimulation. Cory has taught Gunn IMS sessions in South America and Europe and teamed up with Dr. Steve Goodman to contribute a chapter on Gunn IMS for a needling textbook called 'Trigger Point Dry Needling' by Dommerholt & Fernández-de-las-Peñas.





Each year, distinguished scholars/clinicians are invited to speak at the UBC Chan Gunn Annual Lecture about issues related to IMS and neuropathic pain. This lecture is held in honour of Dr. Chan Gunn and his generous contributions.